

SUPER 7 POINTS 30 APRIL 09

TROT #	DATE	NAME	RACE DETAILS	DIST	TIME	AG Points
15	07-Dec-08	Murray Antony	Central Coast Half Marathon	21.1	1:33:50	758.6
15	28-Mar-09	Murray Antony	March Flat Time Trial	10.0	0:43:50	740.3
15	31-Aug-08	Murray Antony	Lake Macq Half Marathon	21.1	1:35:42	737.0
15	10-Aug-08	Murray Antony	City to Surf 14 Km	14.0	1:02:24	731.5
15	29-Nov-08	Murray Antony	November Flat Time Trial	10.0	0:44:30	729.2
15	26-Jul-08	Murray Antony	July Flat Time Trial	10.0	0:45:26	707.8
		Murray Antony Average				734.1
27	26-Jul-08	Ken Hickson	July Flat Time Trial	10.0	0:44:31	728.9
27	08-Jun-08	Ken Hickson	Macleay Half	21.1	1:37:21	724.5
27	28-Mar-09	Ken Hickson	March Flat Time Trial	10.0	0:44:56	722.2
27	31-Jan-09	Ken Hickson	January Flat Time Trial	10.0	0:45:14	717.4
27	07-Dec-08	Ken Hickson	Central Coast Half Marathon	21.1	1:39:17	717.0
27	29-Nov-08	Ken Hickson	November Flat Time Trial	10.0	0:45:41	710.3
27	29-Jun-08	Ken Hickson	Woodford to Glenbrook	25.0	2:03:11	692.5
		Ken Hickson Average				716.1
88	14-Mar-09	Greg Love	Six Foot Track	60.0	4:14:58	840.6
88	14-Mar-09	Greg Love	Six Foot Track Double Pts	60.0	4:14:58	840.6
88	28-Mar-09	Greg Love	March Flat Time Trial	10.0	0:40:04	774.8
88	06-Jul-08	Greg Love	Perth Marathon	42.2	3:05:47	772.6
88	06-Jul-08	Greg Love	Perth Marathon (Double)	42.2	3:05:47	772.6
88	19-Apr-09	Greg Love	Canberra 50km Ultra	50.0	3:44:05	771.7
88	19-Apr-09	Greg Love	Canberra 50Km Doiuble Points	50.0	3:44:05	771.7
		Greg Love Average				792.1
168	26-Jul-08	Cathy Toby	July Flat Time Trial	10.0	0:52:58	614.5
168	27-Sep-08	Cathy Toby	September Flat Time Trial	10.0	0:53:11	612.0
168	31-Jan-09	Cathy Toby	January Flat Time Trial	10.0	1:00:08	541.2
168	29-Nov-08	Cathy Toby	November Flat Time Trial	10.0	1:01:59	525.1
168	29-Jun-08	Cathy Toby	Woodford to Glenbrook	25.0	2:25:25	488.5
		Cathy Toby Average				556.3
173	26-Jul-08	Mike Randell	July Flat Time Trial	10.0	0:41:19	739.0
173	31-Aug-08	Mike Randell	Lake Macq 10.5K Fun Run	10.5	0:43:47	732.2
173	31-Jan-09	Mike Randell	January Flat Time Trial	10.0	0:42:29	724.6
173	29-Jun-08	Mike Randell	Woodford to Glenbrook	25.0	1:51:26	720.5
173	27-Sep-08	Mike Randell	September Flat Time Trial	10.0	0:44:26	692.8
		Mike Randell Average				721.8
248	26-Jul-08	Les Lowe	July Flat Time Trial	10.0	0:48:52	619.7
248	10-Aug-08	Les Lowe	City to Surf 14 Km	14.0	1:10:11	612.9
248	27-Sep-08	Les Lowe	September Flat Time Trial	10.0	0:49:44	608.9
248	28-Mar-09	Les Lowe	March Flat Time Trial	10.0	0:52:03	581.8
248	29-Nov-08	Les Lowe	November Flat Time Trial	10.0	0:52:27	577.3
		Les Lowe Average				600.1
264	14-Mar-09	Sonia White	Six Foot Track	60.0	5:01:34	747.1
264	14-Mar-09	Sonia White	Six Foot Track Double Pts	60.0	5:01:34	747.1
264	07-Dec-08	Sonia White	Central Coast Half Marathon	21.1	1:42:48	697.0
264	28-Mar-09	Sonia White	March Flat Time Trial	10.0	0:47:45	693.7
264	10-Aug-08	Sonia White	City to Surf 14 Km	14.0	1:07:05	693.5
264	31-Jan-09	Sonia White	January Flat Time Trial	10.0	0:49:12	673.2
264	23-Aug-08	Sonia White	Mt Wilson to Bilpin 35km	35.0	3:23:06	655.4
		Sonia White Average				701.0

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267	31-Aug-08	Wayne Daley	Lake Macq Half Marathon	21.1	1:24:37	779.0
267	10-Aug-08	Wayne Daley	City to Surf 14 Km	14.0	0:55:07	774.2
267	31-Jan-09	Wayne Daley	January Flat Time Trial	10.0	0:39:16	771.2
267	27-Sep-08	Wayne Daley	September Flat Time Trial	10.0	0:39:14	765.6
267	26-Jul-08	Wayne Daley	July Flat Time Trial	10.0	0:39:21	763.3
267	07-Dec-08	Wayne Daley	Central Coast Half Marathon	21.1	1:27:18	761.2
267	29-Nov-08	Wayne Daley	November Flat Time Trial	10.0	0:39:49	760.5
		Wayne Daley Average				767.9
271	14-Mar-09	Adam Jordan	Six Foot Track	60.0	3:54:33	811.8
271	14-Mar-09	Adam Jordan	Six Foot Track Double Pts	60.0	3:54:33	811.8
271	27-Sep-08	Adam Jordan	September Flat Time Trial	10.0	0:34:20	785.6
271	19-Apr-09	Adam Jordan	Canberra Marathon	42.2	2:44:55	769.1
271	19-Apr-09	Adam Jordan	Canberra Mara Double pts	42.2	2:44:55	769.1
271	29-Nov-08	Adam Jordan	November Flat Time Trial	10.0	0:35:41	755.9
		Adam Jordan Average				783.9
273	14-Sep-08	Steve Fry	Cooranbong 10km	10.0	0:40:09	675.0
273	26-Jul-08	Steve Fry	July Flat Time Trial	10.0	0:40:15	673.3
273	31-Aug-08	Steve Fry	Lake Macq Half Marathon	21.1	1:28:50	671.5
273	29-Nov-08	Steve Fry	November Flat Time Trial	10.0	0:42:02	644.8
273	27-Sep-08	Steve Fry	September Flat Time Trial	10.0	0:42:43	634.5
273	31-Jan-09	Steve Fry	January Flat Time Trial	10.0	0:43:30	623.0
273	07-Dec-08	Steve Fry	Central Coast Half Marathon	21.1	1:39:44	598.1
		Steve Fry Average				645.7
345	07-Dec-08	Lori Baldoni	Central Coast Half Marathon	21.1	2:13:00	558.3
345	29-Nov-08	Lori Baldoni	November Flat Time Trial	10.0	1:05:47	517.3
345	28-Mar-09	Lori Baldoni	March Flat Time Trial	10.0	1:07:32	503.8
345	01-Jun-08	Lori Baldoni	Great Nosh 15km	15.0	1:53:27	453.7
345	29-Jun-08	Lori Baldoni	Woodford to Glenbrook	25.0	3:02:05	404.1
		Lori Baldoni Average				487.4
436	29-Nov-08	Bruce Abrahams	November Flat Time Trial	10.0	1:14:30	477.9
436	10-Aug-08	Bruce Abrahams	City to Surf 14 Km	14.0	1:48:14	467.0
436	31-Jan-09	Bruce Abrahams	January Flat Time Trial	10.0	1:17:28	464.9
436	26-Jul-08	Bruce Abrahams	July Flat Time Trial	10.0	1:16:48	463.6
436	28-Mar-09	Bruce Abrahams	March Flat Time Trial	10.0	1:17:56	462.1
436	27-Sep-08	Bruce Abrahams	September Flat Time Trial	10.0	1:19:44	446.6
		Bruce Abrahams Average				463.7
441	02-Sep-08	Adam Gray	Mingara 10Km Track	10.0	0:41:06	668.6
441	27-Sep-08	Adam Gray	September Flat Time Trial	10.0	0:41:44	658.4
441	31-Aug-08	Adam Gray	Lake Macq Half Marathon	21.1	1:34:19	639.5
441	29-Nov-08	Adam Gray	November Flat Time Trial	10.0	0:45:26	604.8
441	28-Mar-09	Adam Gray	March Flat Time Trial	10.0	0:45:38	602.2
		Adam Gray Average				634.7
449	14-Mar-09	Mat Robbie	Six Foot Track	60.0	3:31:36	899.8
449	14-Mar-09	Mat Robbie	Six Foot Track Double Pts	60.0	3:31:36	899.8
449	31-Jan-09	Mat Robbie	January Flat Time Trial	10.0	0:31:36	853.6
449	29-Jun-08	Mat Robbie	Woodford to Glenbrook	25.0	1:24:47	844.5
449	14-Sep-08	Mat Robbie	Cooranbong 10km	10.0	0:34:07	790.6
		Mat Robbie Average				857.7
457	14-Mar-09	Kim Cook	Six Foot Track	60.0	4:44:27	741.2
457	14-Mar-09	Kim Cook	Six Foot Track Double Pts	60.0	4:44:27	741.2

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457	27-Jul-08	Kim Cook	Sutherland to Surf 11km	11.0	0:45:11	740.7
457	29-Jun-08	Kim Cook	Woodford to Glenbrook	25.0	1:54:17	702.5
457	27-Sep-08	Kim Cook	September Flat Time Trial	10.0	0:43:34	700.8
457	31-Jan-09	Kim Cook	January Flat Time Trial	10.0	0:45:18	674.0
457	01-Jun-08	Kim Cook	Great Nosh 15km	15.0	1:18:08	597.9
		Kim Cook Average				699.8
483	27-Sep-08	Graham Ridley	September Flat Time Trial	10.0	0:37:57	767.4
483	26-Jul-08	Graham Ridley	July Flat Time Trial	10.0	0:38:09	763.3
483	31-Aug-08	Graham Ridley	Lake Macq Half Marathon	21.1	1:23:51	762.3
483	29-Nov-08	Graham Ridley	November Flat Time Trial	10.0	0:39:21	745.7
483	31-Jan-09	Graham Ridley	January Flat Time Trial	10.0	0:39:26	744.2
483	20-Jul-08	Graham Ridley	Hunter Valley 10km	10.0	0:39:38	734.8
483	07-Dec-08	Graham Ridley	Central Coast Half Marathon	21.1	1:28:27	728.1
		Graham Ridley Average				749.4
502	29-Nov-08	Heiko Schaefer	November Flat Time Trial	10.0	0:48:06	748.8
502	27-Sep-08	Heiko Schaefer	September Flat Time Trial	10.0	0:48:16	746.2
502	10-Aug-08	Heiko Schaefer	City to Surf 14 Km	14.0	1:09:09	739.2
502	02-Aug-08	Heiko Schaefer	Sydney Striders 10km	10.0	0:48:56	736.0
502	06-Sep-08	Heiko Schaefer	Sydney Striders 10km	10.0	0:49:17	730.8
502	05-Jul-08	Heiko Schaefer	Sydney Striders 10km	10.0	0:48:50	729.1
502	28-Mar-09	Heiko Schaefer	March Flat Time Trial	10.0	0:49:49	723.0
		Heiko Schaefer Average				736.2
505	26-Jul-08	Greg Brown	July Flat Time Trial	10.0	0:49:38	600.4
505	27-Sep-08	Greg Brown	September Flat Time Trial	10.0	0:49:56	596.8
505	07-Dec-08	Greg Brown	Central Coast Half Marathon	21.1	1:51:36	586.0
505	14-Mar-09	Greg Brown	Six Foot Track	60.0	5:52:41	583.7
505	14-Mar-09	Greg Brown	Six Foot Track Double Pts	60.0	5:52:41	583.7
		Greg Brown Average				590.1
517	27-Sep-08	Dave Byrnes	September Flat Time Trial	10.0	0:42:20	752.8
517	29-Nov-08	Dave Byrnes	November Flat Time Trial	10.0	0:42:30	749.8
517	31-Jan-09	Dave Byrnes	January Flat Time Trial	10.0	0:43:35	737.8
517	26-Jul-08	Dave Byrnes	July Flat Time Trial	10.0	0:44:23	718.0
517	07-Dec-08	Dave Byrnes	Central Coast Half Marathon	21.1	1:38:16	717.8
517	23-Aug-08	Dave Byrnes	Mt Wilson to Bilpin 35km	35.0	3:12:03	694.9
517	23-Nov-08	Dave Byrnes	Deep Space Marathon	42.2	5:25:47	452.2
		Dave Byrnes Average				689.0
525	29-Nov-08	Kelly King	November Flat Time Trial	10.0	0:54:35	553.8
525	14-Mar-09	Kelly King	Six Foot Track	60.0	6:49:32	508.5
525	14-Mar-09	Kelly King	Six Foot Track Double Pts	60.0	6:49:32	508.5
525	23-Aug-08	Kelly King	Mt Wilson to Bilpin 35km	35.0	4:09:06	503.0
525	29-Jun-08	Kelly King	Woodford to Glenbrook	25.0	2:36:55	420.6
		Kelly King Average				498.9
534	31-Jan-09	Susan McBride	January Flat Time Trial	10.0	0:49:48	642.6
534	23-Aug-08	Susan McBride	Mt Wilson to Bilpin 35km	35.0	3:26:24	634.4
534	27-Sep-08	Susan McBride	September Flat Time Trial	10.0	0:50:50	629.5
534	14-Mar-09	Susan McBride	Six Foot Track	60.0	6:25:04	570.3
534	14-Mar-09	Susan McBride	Six Foot Track Double Pts	60.0	6:25:04	570.3
		Susan McBride Average				609.4
538	29-Nov-08	Laurie Stopford	November Flat Time Trial	10.0	1:18:37	463.5
538	27-Sep-08	Laurie Stopford	September Flat Time Trial	10.0	1:11:53	501.0

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538	26-Jul-08	Laurie Stopford	July Flat Time Trial	10.0	1:12:00	500.2
538	10-Aug-08	Laurie Stopford	City to Surf 14 Km	14.0	1:52:32	454.3
538	28-Mar-09	Laurie Stopford	March Flat Time Trial	10.0	1:20:25	453.1
538	31-Jan-09	Laurie Stopford	January Flat Time Trial	10.0	1:34:56	383.8
		Laurie Stopford Average				459.3
546	07-Dec-08	Sharon Harrison	Central Coast Half Marathon	21.1	1:32:06	739.8
546	12-Oct-08	Sharon Harrison	Melbourne Marathon	42.2	3:15:52	727.5
546	12-Oct-08	Sharon Harrison	Melb Marathon Double	42.2	3:15:52	727.5
546	27-Sep-08	Sharon Harrison	September Flat Time Trial	10.0	0:43:46	713.1
546	29-Nov-08	Sharon Harrison	November Flat Time Trial	10.0	0:44:26	702.4
546	14-Mar-09	Sharon Harrison	Six Foot Track	60.0	5:04:00	699.2
546	14-Mar-09	Sharon Harrison	Six Foot Track Double Pts	60.0	5:04:00	699.2
		Sharon Harrison Average				715.5
556	29-Nov-08	Chris McInerney	November Flat Time Trial	10.0	0:48:13	655.1
556	26-Jul-08	Chris McInerney	July Flat Time Trial	10.0	0:48:40	649.0
556	31-Jan-09	Chris McInerney	January Flat Time Trial	10.0	0:48:47	647.5
556	27-Sep-08	Chris McInerney	September Flat Time Trial	10.0	0:49:03	643.9
556	07-Dec-08	Chris McInerney	Central Coast Half Marathon	21.1	1:49:17	634.0
		Chris McInerney Average				645.9
568	02-Sep-08	Colin Barnett	Mingara 10Km Track	10.0	0:41:29	691.6
568	26-Jul-08	Colin Barnett	July Flat Time Trial	10.0	0:43:36	658.0
568	27-Sep-08	Colin Barnett	September Flat Time Trial	10.0	0:43:58	652.5
568	10-Aug-08	Colin Barnett	City to Surf 14 Km	14.0	1:03:02	646.5
568	14-Sep-08	Colin Barnett	Cooranbong 10km	10.0	0:44:24	646.1
568	31-Jan-09	Colin Barnett	January Flat Time Trial	10.0	0:44:29	644.9
568	29-Nov-08	Colin Barnett	November Flat Time Trial	10.0	0:44:49	640.1
		Colin Barnett Average				654.2
573	14-Mar-09	Darren McClellan	Six Foot Track	60.0	4:16:02	743.7
573	14-Mar-09	Darren McClellan	Six Foot Track Double Pts	60.0	4:16:02	743.7
573	27-Jul-08	Darren McClellan	Sutherland to Surf 11km	11.0	0:40:34	738.3
573	26-Jul-08	Darren McClellan	July Flat Time Trial	10.0	0:37:45	717.9
573	20-Jul-08	Darren McClellan	Hunter Valley Half	21.1	1:23:32	714.1
573	02-Sep-08	Darren McClellan	Mingara 10Km Track	10.0	0:38:04	712.0
573	10-Aug-08	Darren McClellan	City to Surf 14 Km	14.0	0:54:05	711.6
		Darren McClellan Average				725.9
576	26-Jul-08	Steve Guest	July Flat Time Trial	10.0	0:42:05	692.0
576	31-Jan-09	Steve Guest	January Flat Time Trial	10.0	0:42:31	684.9
576	02-Sep-08	Steve Guest	Mingara 10Km Track	10.0	0:42:45	681.2
576	07-Dec-08	Steve Guest	Central Coast Half Marathon	21.1	1:34:40	675.2
576	28-Mar-09	Steve Guest	March Flat Time Trial	10.0	0:43:15	673.3
576	27-Sep-08	Steve Guest	September Flat Time Trial	10.0	0:43:19	672.3
576	29-Nov-08	Steve Guest	November Flat Time Trial	10.0	0:43:23	671.3
		Steve Guest Average				678.6
586	28-Mar-09	Donna White	March Flat Time Trial	10.0	0:54:52	545.3
586	26-Jul-08	Donna White	July Flat Time Trial	10.0	0:55:39	537.6
586	29-Nov-08	Donna White	November Flat Time Trial	10.0	0:56:00	534.2
586	10-Aug-08	Donna White	City to Surf 14 Km	14.0	1:21:51	519.4
586	31-Jan-09	Donna White	January Flat Time Trial	10.0	0:57:56	516.4
586	07-Dec-08	Donna White	Central Coast Half Marathon	21.1	2:08:39	511.5
586	20-Jul-08	Donna White	Hunter Valley Half	21.1	2:08:49	510.8

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Donna White Average					525.0	
593	26-Jul-08	Steven Gray	July Flat Time Trial	10.0	0:45:11	711.7
593	21-Sep-08	Steven Gray	Sydney Half Marathon	21.1	1:41:06	697.7
593	10-Aug-08	Steven Gray	City to Surf 14 Km	14.0	1:05:27	697.4
593	29-Jun-08	Steven Gray	Woodford to Glenbrook	25.0	2:03:41	683.5
593	31-Jan-09	Steven Gray	January Flat Time Trial	10.0	0:47:43	680.1
593	28-Mar-09	Steven Gray	March Flat Time Trial	10.0	0:47:52	677.9
593	07-Dec-08	Steven Gray	Central Coast Half Marathon	21.1	1:44:23	675.7
Steven Gray Average					689.1	
598	28-Mar-09	Gary Pickering	March Flat Time Trial	10.0	0:42:14	728.9
598	29-Jun-08	Gary Pickering	Woodford to Glenbrook	25.0	1:51:40	724.9
598	31-Jan-09	Gary Pickering	January Flat Time Trial	10.0	0:42:56	717.0
598	27-Sep-08	Gary Pickering	September Flat Time Trial	10.0	0:43:04	714.8
598	26-Jul-08	Gary Pickering	July Flat Time Trial	10.0	0:44:26	692.8
598	05-Apr-09	Gary Pickering	Paris Marathon	42.2	3:33:04	668.1
598	05-Apr-09	Gary Pickering	Paris Marathon Double	42.2	3:33:04	668.1
Gary Pickering Average					702.1	
607	26-Jul-08	Jeff Dick	July Flat Time Trial	10.0	0:45:22	673.0
607	14-Sep-08	Jeff Dick	Cooranbong 10km	10.0	0:46:22	658.5
607	27-Sep-08	Jeff Dick	September Flat Time Trial	10.0	0:46:28	657.1
607	29-Nov-08	Jeff Dick	November Flat Time Trial	10.0	0:46:32	656.1
607	10-Aug-08	Jeff Dick	City to Surf 14 Km	14.0	1:06:21	653.7
607	31-Jan-09	Jeff Dick	January Flat Time Trial	10.0	0:48:30	634.7
607	31-Aug-08	Jeff Dick	Lake Macq Half Marathon	21.1	1:46:04	631.7
Jeff Dick Average					652.1	
609	26-Jan-09	Carl Barker	Penrith 10km Australia Day	10.0	0:37:27	795.8
609	19-Apr-09	Carl Barker	Canberra 50km Ultra	50.0	3:29:16	793.6
609	19-Apr-09	Carl Barker	Canberra 50Km Double Points	50.0	3:29:16	793.6
609	26-Apr-09	Carl Barker	Bathurst Half Marathon	21.1	1:23:23	784.3
609	31-Jan-09	Carl Barker	January Flat Time Trial	10.0	0:38:13	779.8
609	26-Jul-08	Carl Barker	July Flat Time Trial	10.0	0:38:30	774.1
609	28-Mar-09	Carl Barker	March Flat Time Trial	10.0	0:38:58	764.8
Carl Barker Average					783.7	
618	27-Sep-08	Monica Nicol	September Flat Time Trial	10.0	0:47:22	664.4
618	21-Sep-08	Monica Nicol	Sydney Half Marathon	21.1	1:44:56	654.7
618	14-Mar-09	Monica Nicol	Six Foot Track	60.0	5:31:33	646.3
618	14-Mar-09	Monica Nicol	Six Foot Track Double Pts	60.0	5:31:33	646.3
618	26-Jul-08	Monica Nicol	July Flat Time Trial	10.0	0:51:28	611.5
618	31-Jan-09	Monica Nicol	January Flat Time Trial	10.0	0:52:12	602.9
Monica Nicol Average					637.7	
631	28-Mar-09	Wayne Doherty	March Flat Time Trial	10.0	0:53:20	567.8
631	27-Sep-08	Wayne Doherty	September Flat Time Trial	10.0	0:54:36	554.6
631	31-Jan-09	Wayne Doherty	January Flat Time Trial	10.0	0:54:59	550.7
631	26-Jul-08	Wayne Doherty	July Flat Time Trial	10.0	0:55:18	547.6
631	29-Nov-08	Wayne Doherty	November Flat Time Trial	10.0	0:55:53	541.9
631	10-Aug-08	Wayne Doherty	City to Surf 14 Km	14.0	1:20:11	536.5
631	21-Sep-08	Wayne Doherty	Sydney Half Marathon	21.1	2:15:30	490.4
Wayne Doherty Average					541.4	
633	31-Jan-09	Andrew Mildren	January Flat Time Trial	10.0	0:38:55	726.5
633	28-Mar-09	Andrew Mildren	March Flat Time Trial	10.0	0:39:19	724.3

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633	26-Jul-08	Andrew Mildren	July Flat Time Trial	10.0	0:39:05	723.4
633	21-Sep-08	Andrew Mildren	Sydney Half Marathon	21.1	1:26:18	719.0
633	10-Aug-08	Andrew Mildren	City to Surf 14 Km	14.0	0:57:27	698.7
633	20-Jul-08	Andrew Mildren	Hunter Valley Half	21.1	1:33:10	666.0
633	01-Jun-08	Andrew Mildren	Great Nosh 15km	15.0	1:14:20	582.1
		Andrew Mildren Average				691.4
637	28-Mar-09	Matthew Chapman	March Flat Time Trial	10.0	0:43:05	633.4
637	06-Jul-08	Matthew Chapman	Gold Coast Marathon	42.2	3:25:30	617.2
637	06-Jul-08	Matthew Chapman	Gold Coast Marathon (Dbl)	42.2	3:25:30	617.2
637	07-Dec-08	Matthew Chapman	Central Coast Half Marathon	21.1	1:39:16	600.9
637	14-Mar-09	Matthew Chapman	Six Foot Track	60.0	5:19:30	595.9
637	14-Mar-09	Matthew Chapman	Six Foot Track Double Pts	60.0	5:19:30	595.9
637	01-Jun-08	Matthew Chapman	Great Nosh 15km	15.0	1:21:09	511.2
		Matthew Chapman Average				596.0
638	31-Jan-09	Joe Rolella	January Flat Time Trial	10.0	0:41:49	648.1
638	19-Apr-09	Joe Rolella	Canberra Marathon	42.2	3:18:06	640.2
638	19-Apr-09	Joe Rolella	Canberra Mara Double pts	42.2	3:18:06	640.2
638	14-Mar-09	Joe Rolella	Six Foot Track	60.0	4:58:16	638.4
638	14-Mar-09	Joe Rolella	Six Foot Track Double Pts	60.0	4:58:16	638.4
638	29-Jun-08	Joe Rolella	Woodford to Glenbrook	25.0	1:52:47	634.8
638	07-Dec-08	Joe Rolella	Central Coast Half Marathon	21.1	1:35:05	627.3
		Joe Rolella Average				638.2
643	10-Aug-08	Stuart Baverstock	City to Surf 14 Km	14.0	0:52:57	726.8
643	26-Jul-08	Stuart Baverstock	July Flat Time Trial	10.0	0:38:17	707.9
643	14-Mar-09	Stuart Baverstock	Six Foot Track	60.0	4:38:02	684.8
643	14-Mar-09	Stuart Baverstock	Six Foot Track Double Pts	60.0	4:38:02	684.8
643	28-Mar-09	Stuart Baverstock	March Flat Time Trial	10.0	0:39:44	682.1
		Stuart Baverstock Average				697.3
654	14-Mar-09	James Moran	Six Foot Track	60.0	4:39:52	680.5
654	14-Mar-09	James Moran	Six Foot Track Double Pts	60.0	4:39:52	680.5
654	23-Aug-08	James Moran	Mt Wilson to Bilpin 35km	35.0	2:51:55	664.9
654	19-Apr-09	James Moran	Canberra Marathon	42.2	3:12:31	660.6
654	19-Apr-09	James Moran	Canberra Mara Double pts	42.2	3:12:31	660.6
654	26-Jul-08	James Moran	July Flat Time Trial	10.0	0:41:31	657.3
654	31-Jan-09	James Moran	January Flat Time Trial	10.0	0:41:49	652.6
		James Moran Average				665.3
660	02-Sep-08	Charlie Brooks	Mingara 10Km Track	10.0	0:34:49	809.5
660	08-Jun-08	Charlie Brooks	Macleay 10Km	10.0	0:35:21	797.3
660	14-Sep-08	Charlie Brooks	Cooranbong 10km	10.0	0:35:56	784.3
660	31-Aug-08	Charlie Brooks	Lake Macq 10.5K Fun Run	10.5	0:37:55	780.5
660	26-Apr-09	Charlie Brooks	Bathurst 10 km	10.0	0:35:50	777.2
660	27-Jul-08	Charlie Brooks	Sutherland to Surf 11km	11.0	0:38:28	775.6
660	13-Jul-08	Charlie Brooks	Total Fun Run 10km	10.0	0:36:21	775.3
		Charlie Brooks Average				785.7
665	14-Mar-09	Ian Temblett	Six Foot Track	60.0	4:11:17	794.7
665	14-Mar-09	Ian Temblett	Six Foot Track Double Pts	60.0	4:11:17	794.7
665	10-Aug-08	Ian Temblett	City to Surf 14 Km	14.0	0:52:37	780.3
665	31-Aug-08	Ian Temblett	Lake Macq Half Marathon	21.1	1:22:51	765.6
665	14-Sep-08	Ian Temblett	Cooranbong 10km	10.0	0:38:04	759.2
665	21-Sep-08	Ian Temblett	Sydney Half Marathon	21.1	1:23:43	757.7

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665	29-Nov-08	Ian Temblett	November Flat Time Trial	10.0	0:38:30	750.6
		Ian Temblett Average				771.8
668	31-Aug-08	Michael Fritsch	Lake Macq Half Marathon	21.1	1:29:44	664.7
668	31-Jan-09	Michael Fritsch	January Flat Time Trial	10.0	0:40:48	661.1
668	26-Jul-08	Michael Fritsch	July Flat Time Trial	10.0	0:40:50	660.6
668	07-Dec-08	Michael Fritsch	Central Coast Half Marathon	21.1	1:30:22	660.1
668	29-Nov-08	Michael Fritsch	November Flat Time Trial	10.0	0:41:25	651.3
668	10-Aug-08	Michael Fritsch	City to Surf 14 Km	14.0	0:59:06	649.7
668	21-Sep-08	Michael Fritsch	Sydney Marathon	42.2	3:31:47	598.9
		Michael Fritsch Average				649.5
669	27-Sep-08	Chris Scarlett	September Flat Time Trial	10.0	0:48:29	556.3
669	28-Mar-09	Chris Scarlett	March Flat Time Trial	10.0	0:49:41	542.9
669	31-Jan-09	Chris Scarlett	January Flat Time Trial	10.0	0:49:44	542.4
669	26-Jul-08	Chris Scarlett	July Flat Time Trial	10.0	0:50:10	537.7
669	10-Aug-08	Chris Scarlett	City to Surf 14 Km	14.0	1:11:36	536.2
669	31-Aug-08	Chris Scarlett	Lake Macq Half Marathon	21.1	1:55:09	518.0
669	29-Nov-08	Chris Scarlett	November Flat Time Trial	10.0	0:53:57	500.0
		Chris Scarlett Average				533.4
690	28-Mar-09	Tom Robertson	March Flat Time Trial	10.0	0:42:56	628.3
690	06-Jul-08	Tom Robertson	Gold Coast Half	21.1	1:36:38	617.3
690	31-Jan-09	Tom Robertson	January Flat Time Trial	10.0	0:44:25	607.3
690	31-Aug-08	Tom Robertson	Lake Macq Half Marathon	21.1	1:38:14	607.2
690	26-Jul-08	Tom Robertson	July Flat Time Trial	10.0	0:44:51	601.4
690	29-Nov-08	Tom Robertson	November Flat Time Trial	10.0	0:45:06	598.1
690	27-Sep-08	Tom Robertson	September Flat Time Trial	10.0	0:46:52	575.5
		Tom Robertson Average				605.0
698	29-Nov-08	Tammy Shafer	November Flat Time Trial	10.0	0:50:21	610.0
698	29-Mar-09	Tammy Shafer	Hill to Harbour 10km	10.0	0:51:36	595.2
698	27-Sep-08	Tammy Shafer	September Flat Time Trial	10.0	0:51:49	592.7
698	14-Sep-08	Tammy Shafer	Cooranbong 10km	10.0	0:52:26	585.8
698	20-Jul-08	Tammy Shafer	Hunter Valley 10km	10.0	0:53:53	570.0
698	31-Jan-09	Tammy Shafer	January Flat Time Trial	10.0	0:55:20	555.1
		Tammy Shafer Average				584.8
699	29-Jun-08	Darrel Robins	Woodford to Glenbrook	25.0	2:11:10	583.9
699	06-Jul-08	Darrel Robins	Gold Coast Marathon	42.2	3:57:56	566.2
699	06-Jul-08	Darrel Robins	Gold Coast Marathon (Dbl)	42.2	3:57:56	566.2
699	14-Mar-09	Darrel Robins	Six Foot Track	60.0	6:04:27	552.0
699	14-Mar-09	Darrel Robins	Six Foot Track Double Pts	60.0	6:04:27	552.0
699	27-Sep-08	Darrel Robins	Fitroy Falls Marathon	42.2	4:29:48	499.3
699	27-Sep-08	Darrel Robins	Fitroy Falls Marathon Double	42.2	4:29:48	499.3
		Darrel Robins Average				545.6
702	31-Aug-08	Steve Coote	Lake Macq Half Marathon	21.1	1:45:12	567.0
702	10-Aug-08	Steve Coote	City to Surf 14 Km	14.0	1:09:33	552.0
702	31-Jan-09	Steve Coote	January Flat Time Trial	10.0	0:49:29	545.1
702	26-Jul-08	Steve Coote	July Flat Time Trial	10.0	0:50:09	537.9
702	28-Mar-09	Steve Coote	March Flat Time Trial	10.0	0:51:27	524.3
		Steve Coote Average				545.3
704	28-Mar-09	Ian Keene	March Flat Time Trial	10.0	0:55:22	603.3
704	31-Aug-08	Ian Keene	Lake Macq Half Marathon	21.1	2:02:52	596.2
704	27-Sep-08	Ian Keene	September Flat Time Trial	10.0	0:56:27	591.7

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704	10-Aug-08	Ian Keene	City to Surf 14 Km	14.0	1:20:00	586.8
704	21-Sep-08	Ian Keene	Sydney Half Marathon	21.1	2:06:45	577.9
704	31-Jan-09	Ian Keene	January Flat Time Trial	10.0	0:58:47	568.2
704	20-Jul-08	Ian Keene	Hunter Valley Half	21.1	2:08:36	564.0
		Ian Keene Average				584.0
707	26-Jul-08	Gina Stuart	July Flat Time Trial	10.0	0:50:39	637.1
707	29-Nov-08	Gina Stuart	November Flat Time Trial	10.0	0:52:46	611.6
707	27-Sep-08	Gina Stuart	September Flat Time Trial	10.0	0:52:55	609.8
707	21-Sep-08	Gina Stuart	Sydney Half Marathon	21.1	1:58:34	594.0
707	28-Mar-09	Gina Stuart	March Flat Time Trial	10.0	0:54:44	589.6
		Gina Stuart Average				608.4
711	28-Mar-09	David Booth	March Flat Time Trial	10.0	0:51:16	572.4
711	07-Dec-08	David Booth	Central Coast Half Marathon	21.1	1:52:56	570.2
711	27-Sep-08	David Booth	September Flat Time Trial	10.0	0:51:53	565.6
711	29-Nov-08	David Booth	November Flat Time Trial	10.0	0:52:10	562.5
711	31-Jan-09	David Booth	January Flat Time Trial	10.0	0:52:29	559.1
711	26-Jul-08	David Booth	July Flat Time Trial	10.0	0:53:02	553.3
711	31-Aug-08	David Booth	Lake Macq Half Marathon	21.1	2:00:08	536.1
		David Booth Average				559.9
8196	14-Sep-08	Jason Kirksmith	Cooranbong 10km	10.0	0:39:38	680.6
8196	26-Jul-08	Jason Kirksmith	July Flat Time Trial	10.0	0:40:29	666.3
8196	31-Jan-09	Jason Kirksmith	January Flat Time Trial	10.0	0:40:46	661.7
8196	14-Mar-09	Jason Kirksmith	Six Foot Track	60.0	6:02:17	525.6
8196	14-Mar-09	Jason Kirksmith	Six Foot Track Double Pts	60.0	6:02:17	525.6
8196	07-Dec-08	Jason Kirksmith	Central Coast Half Marathon	21.1	1:58:12	504.7